

RUKUN provides additional care services for Residents requiring assistance with Activities of Daily Living (ADL) as determined by a Wellness Assessment. Services have an additional fee and may encompass a variety of categories.

RUKUN menyediakan jasa perawatan bagi Warga yang memerlukan bantuan dalam kebutuhan hidup sehari-hari (Activities of Daily Living) yang ditentukan berdasarkan hasil evaluasi Wellness Assessment. Jasa tersedia dengan biaya tambahan dan dapat mencakup berbagai kategori.

**SOCIAL SUPPORT**

Bantuan dalam bersosialisasi sehari-hari.

**MEAL SUPPORT**

Bantuan dalam makan atau diet tertentu.

**DRESSING SUPPORT**

Bantuan dalam berbusana.

**MOBILITY & TRANSFER SUPPORT**

Bantuan untuk pindah dari tempat ke tempat yang lain.

**BATHING SUPPORT**

Bantuan untuk mandi sehari-hari.

**PERSONAL CARE SUPPORT**

Bantuan dalam perawatan tubuh sehari-hari.

**BLADDER & BOWEL SUPPORT**

Bantuan dalam hal ke toilet.

**COMMUNICATION SUPPORT**

Bantuan dalam berkomunikasi.

**COGNITIVE SUPPORT**

Bantuan dalam memahami situasi sehari-hari.

**SKIN SUPPORT**

Bantuan dalam menjaga kondisi kesehatan kulit.

**WELLNESS MANAGEMENT**

Jasa dalam mengkoordinasikan perawatan dengan pihak ketiga.

**INCIDENTAL ACTIVITIES OF DAILY LIVING SUPPORT**

Bantuan dalam kegiatan sehari-hari di luar keperluan kesehatan.

**MEDICATION MANAGEMENT**

Bantuan dalam mengurus penyediaan dan pengonsumsi obat-obatan.



**DIRECTIONS TO RUKUN SENIOR LIVING**

**Directions :**

- South on Jagorawi Tol
- Exit at Sentul City, Exit 37
- Turn left on Jl. Mohammad Husni Thamrin (In front of Bellanova Mall)
- Stay on this road for about 3 km
- Before entering the Sentul City gates, veer left toward Jl. Babakan Madang (Follow sign to Sekolah Pelita Harapan)
- Turn left at the intersection
- Continue following the road past Sekolah Pelita Harapan for 400 m
- Entrance to Darmawan Park, Gate 1 is on your right

**Petunjuk Jalan:**

- Ke arah Selatan di Tol Jagorawi
- Exit 37 di Sentul City
- Belok kiri pada Jl. Mohammad Husni Thamrin (Di depan Bellanova Mall)
- Lanjut pada jalan ini selama 3 km
- Sebelum memasuki gerbang Sentul City, mengarah kiri menuju Jl. Babakan Madang (Ikuti petanda ke Sekolah Pelita Harapan)
- Belok kiri pada pertigaan
- Lanjut pada jalan ini, lewat Sekolah Pelita Harapan sekitar 400 m
- Pintu masuk Darmawan Park, Gate 1 ada di sebelah kanan

**RUKUN Senior Living**  
 Phone: +62-21-87951525  
 Email: info@rukunseniorliving.com

**Darmawan Park, Gate 1**  
 Jl. Raya Babakan Madang No. 99  
 Sentul, Bogor 16810 - Indonesia

Enjoy life, everyday!



**A Senior Residential Resort**

RUKUN Senior Living | @RUKUNsenior  
[www.rukunseniorliving.com](http://www.rukunseniorliving.com)

**ENJOY LIFE, EVERYDAY!**

RUKUN Senior Living is a resort where fun-loving seniors who desire to be active and independent can enjoy life everyday. Just relax or choose from a full range of facilities and programs offered by RUKUN – it's your choice! Complemented with a full-service restaurant, you can enjoy meal times with family and friends in comfort.

Stay for a day or a lifetime, and experience the fun for yourself!  
**Call us at +62-21-8795-1525 to learn more.**

RUKUN Senior Living adalah sebuah resort di mana warga senior yang ingin bahagia, aktif, dan mandiri dapat tinggal dan menikmati kenyamanan hidup setiap hari. Bersantai saja atau pilih dari berbagai fasilitas dan kegiatan yang diselenggarakan RUKUN – anda bebas memilih! Lengkap dengan restoran yang ramah, anda dapat menikmati saat bersantap bersama kerabat dan keluarga dengan nyaman.

Menginap satu malam atau seumur hidup, dan alami sendiri gaya hidup yang menyenangkan ini!  
**Hubungi +62-21-8795-1525 untuk informasi lanjut.**



## RESIDENT BENEFITS

RUKUN Residents receive a wide range of benefits that are included in the monthly rent.

Warga RUKUN menerima banyak pelayanan yang sudah termasuk dalam biaya sewa per bulan.

### DINING

Food and beverage service at RUKUN's restaurant and bistro cafe.

Santapan dan minuman di restoran & cafe bistro RUKUN

### HOUSEKEEPING

Apartment cleaning once per day.

Apartemen dibersihkan sekali sehari.

### LAUNDRY SERVICE

Laundrying of bed linen, towels, and personal clothing (limitations apply).

Pencucian seprei, handuk, dan pakaian pribadi (dengan batasan tertentu).

### FITNESS PROGRAM

Exercise class, aqua aerobics, and other fitness programs.

Kelas senam kesehatan, aqua aerobics, dan kelas fitness lainnya.

### COMMUNITY ACTIVITIES

Activities such as karaoke, games, handicrafts, forums, dancing, and many others.

Kegiatan umum seperti karaoke, permainan games, kerajinan tangan, forum, dansa, dan banyak lainnya.

### EMERGENCY CALL SYSTEM

Every apartment is equipped with an Emergency Call system that is monitored 24-hours per day by RUKUN's Caregiving staff.

Setiap apartemen dilengkapi dengan alat panggil darurat yang dimonitor 24 jam oleh staff Caregiving RUKUN.

### TRANSPORTATION SERVICES

Residents may participate in RUKUN's scheduled transportation service along predetermined routes each week.

Warga dapat ikut serta mobil RUKUN untuk bepergian melalui rute yang sudah dijadwalkan setiap minggu.



### WELLNESS CONSULTATION

Routine wellness consultations are available to review how RUKUN can best support each Resident's wellness.

Konsultasi kesejahteraan secara rutin untuk membahas hal apa saja yang tersedia di RUKUN yang akan menunjang wellness Warga secara keseluruhan.

### PAGUYUBAN DHARMA WULAN MEMBERSHIP

Residents (permanent only) automatically receive membership in Paguyuban Dharma Wulan and can enjoy all the benefits that members receive.

Warga (permanen) secara otomatis mendapat keanggotaan di Paguyuban Dharma Wulan dan akan menerima semua keuntungan yang diterima anggota.

### COMMUNITY FACILITIES

Common facilities available at RUKUN:

Fasilitas umum yang tersedia di RUKUN:

Fitness Gym

Swimming Pool

Jacuzzi

Sauna

Game Room

Activity/Theater Room

Fishing Lake

Gazebo

Jogging track

Garden

Tennis court (SX)

SX Club

## MOVE-IN CRITERIA

Criteria to become a Senior Living Resident at RUKUN:

- Age 60 years and over
- Non smoker
- Independent or purchasing additional Assisted Living services
- Owning a legal form of identity card
- Can be served by RUKUN based on a Wellness Assessment
- Providing 3 responsible parties in the JaBoDeTaBek area (or meeting additional requirements)

Kriteria untuk menjadi Warga Senior Living di RUKUN:

- Berusia 60 tahun ke atas
- Tidak merokok
- Mandiri atau membeli jasa Assisted Living
- Memiliki kartu tanda pengenal yang sah
- Dapat dilayani oleh RUKUN berdasarkan evaluasi Wellness Assessment
- Menyediakan 3 orang penanggung jawab di wilayah JaBoDeTaBek (atau memenuhi persyaratan tambahan)

## STAY FOR A DAY OR A LIFETIME

Choose the apartment you want and decide how long you would like to stay, from one day to lifetime (Move-In Criteria applies).

Pilih tipe apartemen yang diinginkan dan berapa lama ingin menetap di RUKUN dari satu hari hingga seumur hidup (Persyaratan kriteria Move-In berlaku).

### IDEAL SUITE

#### Apartment Model :

Studio-style with private bath and personal patio. Kitchenette with sink, refrigerator and microwave oven.



#### Daily Rate

Starts from  
Rp. 700.000\* /day/person

Second person in the same Suite, add  
Rp. 300.000\*/day

### DELUXE SUITE

#### Apartment Model :

Studio-style plus den, with private bath, kitchenette, and personal patio.



#### Daily Rate

Starts from  
Rp. 900.000\* /day/person

Second person in the same Suite, add  
Rp. 300.000\*/day

### SUPREME SUITE

#### Apartment Model :

1 Bedroom with private bath, kitchenette, dining counter and personal patio.



#### Daily Rate

Starts from  
Rp. 1.200.000\* /day/person

Second person in the same Suite, add  
Rp. 300.000\*/day

\*Discounts available for yearly or lifetime prepayments. Prices listed are current at time of publication. Subject to change without notice.

Diskon tersedia bagi pembayaran di muka untuk per tahun atau seumur hidup. Harga tercantum adalah yang berlaku pada saat dicetak, dan dapat berubah sewaktu-waktu.

## WE'RE HERE FOR YOUR PLEASURE

### • PHYSICAL WELLNESS

To meet your physical needs, from exercise classes to caregiver services.

Seluruh kesejahteraan jasmani Anda akan terpenuhi, dari kelas olah raga hingga jasa perawat.

### • MENTAL WELLNESS

A range of activities to exercise your mind including games, discussion forum and learning facilities.

Berbagai kesempatan untuk mengasah daya pikir tersedia seperti: games, forum diskusi dan sarana pembelajaran.

### • SOCIAL WELLNESS

Opportunities to socialize with friends in a variety of events, from karaoke to gatherings and dancing.

Kesempatan untuk bergaul dengan teman-teman dalam berbagai acara, dari karaoke hingga kumpul-kumpul dan dansa.

### • SPIRITUAL WELLNESS

RUKUN welcomes Residents of all religions, where facilities and transportation are provided according to the worship needs of each religion.

RUKUN's team is supported by our senior management who receive operations training, guidance, and audit by Leisure Care USA, a One Eighty Company and leader in retirement community management, with properties in the US, Canada, Mexico and India.

Seluruh tim RUKUN didukung oleh management yang mendapatkan pelatihan, bimbingan, dan audit oleh Leisure Care USA, a One Eighty Company, sebuah operator fasilitas senior living berpengalaman dengan properti di AS, Kanada, Meksiko dan India.

