

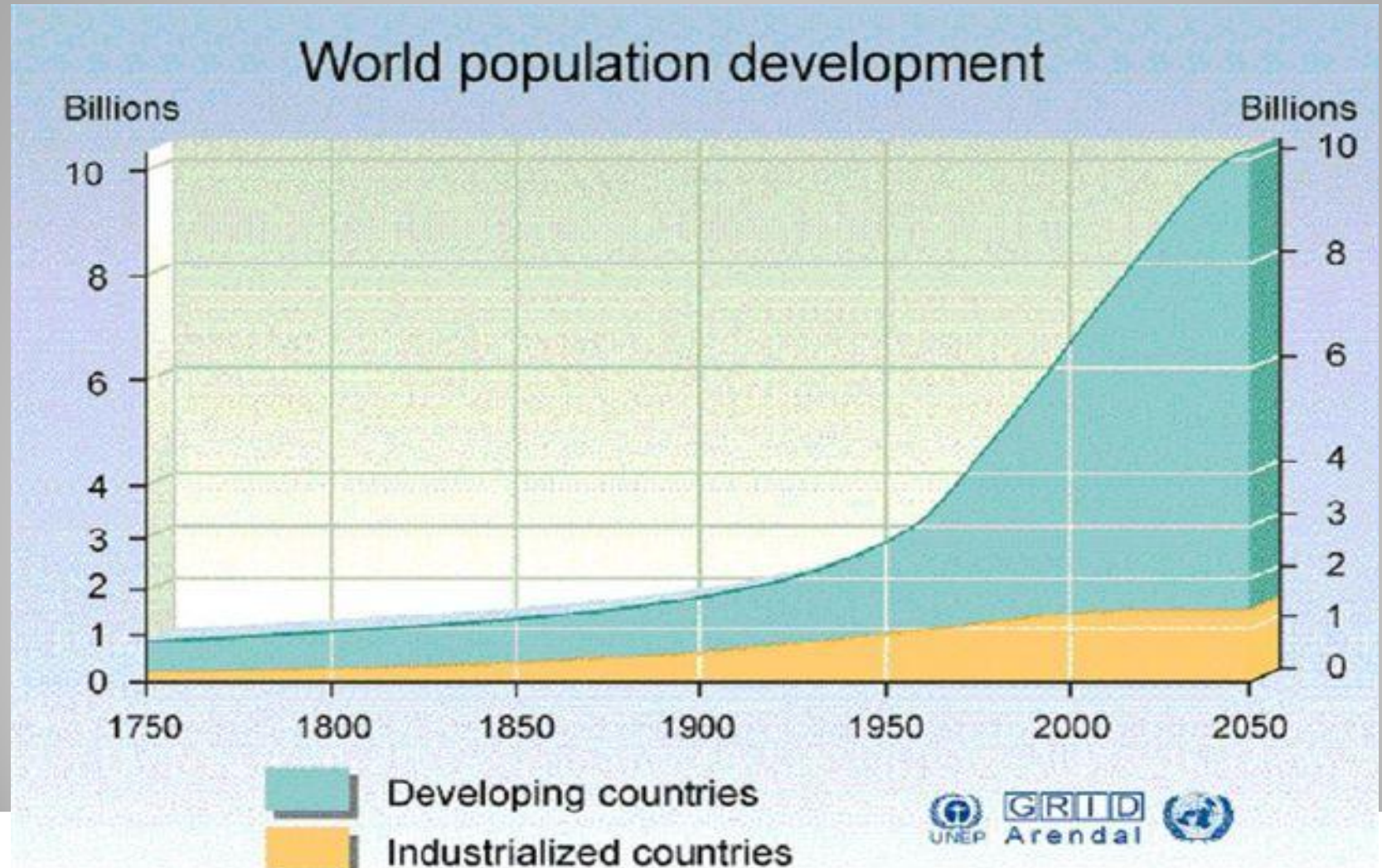
# **Southeast Asian Countries Meeting and Active Ageing Workshop on Designing Age Friendly Communities to Enhance Aging in Place**

## **Ageing Policy Initiatives in Preparing for the Future Challenges in the Asia Pacific: Examples from Hong Kong**

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13 October 2011

# World Population Development 1750-2050



# Percentage of 60+: Asian Trends

國家／地區	2000 (%)	2025 (%)	2050 (%)
日本 Japan	23.3	36	44.2
韓國 Korea	11.2	27.1	40.8
新加坡 Singapore	10.6	31.7	39.6
泰國 Thailand	9.6	19.1	26.4
印尼 Indonesia	7.7	13.7	24.8
中國內地 Mainland China	10	19.6	31.1
香港 HK	14.8	30.8	39.5
澳門 Macao	9.7	27	43.6

資料來源：United Nation Economic and Social Commission for Asia and the Pacific (2002)

# Ageing in the Asia-Pacific Region

## Total Fertility Rate in the Asia-Pacific region

Macao	1
Hong Kong	1
Singapore	1.3
China	1.8
Indonesia	2
<b>World Average</b>	<b>2.5</b>

## Life Expectancy in the Asia-Pacific region

Macao	81
Hong Kong	83
Singapore	81
China	74
Indonesia	72
<b>World Average</b>	<b>69</b>

Source:

UN Population Division (2005). *World Population Prospects: The 2008 Revision*

# Ageing Challenges in Asia for the Future

Getting old before getting rich

Largest older population increasing rapidly

Longest living → dementia etc.

Women outlive men for 4-5 years in Asia

Shrinking of the younger population : some 10 - 20% →  
need to involve all ages, old & young

Broken traditional values & technology divide : highly individualized life style, loose family care, high divorce rates, dependent on public care

Sustainability issues : funding, partnerships & training considerations

# Adopting WHO Age-friendly Cities





# **Family as Core, Neighbour as Support and Government as Supplement**

## **Set New Norms for Family & Community**

**Make opportunities for interactions between all ages, e.g. wall-less schools, elder academies**

**Love thy neighbours: good neighbours programmes**

**Self care & self responsibilities: life long learning & volunteering**

**Capacity building for care givers esp. women in strengthening the new families**

**Digital Unity instead of Digital Divide:**

**Community Schools, Community Education**

**Cross-professions, -sectors, -departments platforms**

**Nurturing a giving culture within the Community-family context**

**Service-Learning in schools: establishing a giving culture**

# Top Down Initiatives in Promoting Support to Generations (Pilot Programmes)

